22 Safety Tips for 2022

BEFORE: SAFETY ACTIVITIES TO DO IN AN EFFORT TO PREVENT THE INCIDENT

1. **Commit.** All management must support common sense safety rules that protect employees and the company.
2. **Understand costs.** Know how injuries cause additional direct and indirect costs to your business.
3. **Develop written safety rules**. These rules may be for the entire company, individual departments, and for specific machines.
4. **Hold regular safety meetings**. Discuss your written safety rules, safety expectations, and document attendance.
5. **Document.** That includes corrective action whenever hazards, or unsafe behaviors are stopped and fixed.
6. **Perform safety inspections.** Check jobsites, tools, equipment, and vehicles for hazards and for compliance to your safety rules.
7. **Commit to a drug-free workplace policy.** Develop, communicate, and enforce a written drug-free workplace that includes new hire and post-incident screening.
8. **Enforce a seatbelt policy.** Develop, communicate, and enforce a written seat belt policy for anyone that rides in or drives a vehicle for the company.
9. **Have a distracted driving policy.** Develop, communicate, and enforce a written distracted driving policy.
10. **Pay attention to new hires.** Keep new employees safe by creating a new hire safety program that includes safety rules, training, follow-up, and enforcement.
11. **Ensure employees are up to the task.** Perform post-offer employment physicals. Make sure prospective employees are physically fit and safe for your work.

AFTER: HAVE A PLAN TO HELPS YOUR COMPANY RESPOND TO THE INCIDENT

1. **Know your injury policy**. Develop, communicate, and enforce a written injury reporting policy that requires employees to report injuries, in writing, by the end of their work duty.
2. **Direct medical care.** Offer treatment by an approved occupational medicine provider that's within your workers compensation carrier's provider network.
3. **Require testing**. Post-injury drug and alcohol screening should occur within 24 hours of the injury.
4. **Investigate**. Perform an investigation of all incidents and injuries, to include written statements by the injured worker, supervisor, and witnesses. Get photos and document facts.
5. **Report injuries to the insurance carrier within 24 hours.** If you have questions, contact the insurance carrier for guidance.
6. **Know and utilize carrier cost savings programs**. These can include provider network savings, telemedicine, drug screening programs, and nurse case management.
7. **Document when treatment is declined.** If an employee declines treatment by an occupational health provider.
8. **Offer light duty to injured workers**. And keep claims "med-only". NCCI offers a 70% reduction in how medical-only claims are calculated into your experience rating.
9. **Plan for injuries in remote locations.** Working in other states or towns? After-hours work? What hospitals in the area treat emergencies? Plan for injuries and emergencies that occur in remote/rural locations.
10. **Communicate with your injured worker often.** Communicate your plan for getting them treated and fully back to work.
11. **Communicate with your insurance carrier.** Communicate investigation results, how your employee is recovering, and the status of any appointments or treatment that is ongoing.